



AUGUST IS FEDERALLY QUALIFIED HEALTH CENTER MONTH

The Official Newsletter of The Jewish Renaissance Foundation

UPCOMING EVENTS:

If anyone is interest in Saturday morning virtual High School Equivalency ("HSE") program for Spanish speakers, they should contact the AEI Program Manager, Betsy Rodriguez at: Betsy.Rodriguez@jrfnj.org or call 732-324-2114, ext. 100.

Please join us for our upcoming virtual programing. You can email us at baysidefsc@jrfnj.org to register or call 732-638-5063 :

- ZUMBA Series continues - 8/25, 8/27 @6pm
- Surviving Parenting During COVID 19 (English speaking series) – every other Monday at 6 pm
- We Count Wednesday- select Wed. activities to remind you of the importance of filling out the Census.
- Heading Back to School Book Bag Drive- 8/26/2020 sponsored by Horizon. Bayside FSC will provide 30 families with book bags and school supplies. Must register and participated in a virtual info session to be provided an appointment for pick up. Partnering with Target to provide deliveries for select families. On the 26th the Census Bureau will table outside of the FSC to provide information about the census and also support families to with filling out Census online.

If you are interested in joining Silver Linings and are over the age of 55, please contact Lissette Vargas-Guzman at 732-630-7488.

Upcoming scheduled programming:

- Vision Book Phone Conference Calls- Every other Thursday from 2-3pm 8/27
- Choice Store Delivery: deliveries will be conducted on 8/26.

Please join us for our upcoming virtual programing. You can email us at paac@jrfnj.org

- We continue to accept applications for Senior Repair (repairs up to \$3000) for those who are 55 years old and over, live in the PAAC neighborhood (the borders are – From the train tracks up Insee St. to Amboy Ave down to Washington St. to the train tracks and over to Insee St.), own their home and fill out an application
- Our PAAC Garden is located on the corner of West Side Ave. and Alpine St. If you're interested in learning about gardening and want to grow your own fruits and vegetables, please email us as well.

If you are or anyone you know between the ages of 14-21 are interested in becoming an Emerging Leader please apply at the following link or visit the JRF website to learn more!

<https://docs.google.com/forms/d/e/1FAIpQLSc5kqn2TcmEE1Ymws6idJ8qbz46daTJl-bGcoGrsFvGQEHg/viewform>
https://www.jrfnj.org/community_action/emerging-civic-leaders-for-a-healthier-community/

STEP - UP

Poverty means many different things to different people, but it is defined as being unable to afford a minimum standard of living. In the United States, we still struggle to address the problem. The JRF held its Fourth Anti-Poverty Youth Summit during the month for July.

Fourteen high school students from the AUL Charter High School, Perth Amboy High School, and Perth Amboy Vo-tech participated in a three-week, virtual program where the participants explored the issues of Poverty and Health. Through workshops, research, and community service, the students spent time educating themselves on specific health issues and the impact that poverty has on those areas. At the end of the program, the students presented the five public service announcements which they created around the issues of mental health, environment, food insecurity, child development, and health insurance/health coverage. This year's



program was created in a competition format where they were judged and received prizes for their public service announcement (PSA) presentations. The winner of the competition was the PSA on the environment. The students did an amazing job informing us about the different types of Poverty and Health and how they affect peoples everyday life.

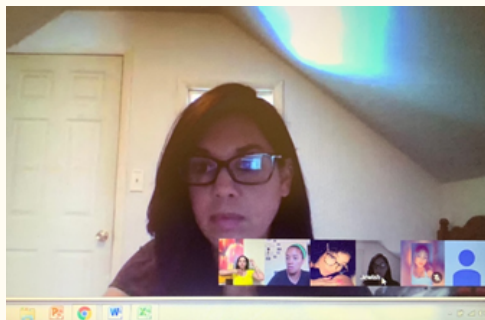
EMERGING LEADERS



On Thursday, July 30th, the Emerging Leaders spent one day of employment out rafting on the Delaware River as their mid-point summer employment celebration. The Leaders had not been face-to-face with one another since their February monthly meeting. For the past four weeks, all 12 of the Emerging Leaders have carried out all 4 of their action plans, which address food insecurity, community beautification, and carbon monoxide awareness. They have placed over 465 wellness rocks that were hand-painted around the township of Perth Amboy, created 4 TikTok videos about CO detectors, and so much more. All in all, their work to tackle the social determinants of health in Perth Amboy is not done! If you would like to keep to date with our initiatives and their outcomes please follow us on Instagram and TikTok @engclperthamboy

AEI

On Saturday, August 1, the Alternative Education Institute began its first Spanish language cohort for individuals seeking to receive their high school equivalency diploma. These students will receive virtual instruction for the next six months as they prepare to take their high school equivalency exam (HSE) which will also be available in Spanish. The AEI Spanish Saturday Program will take place every Saturday beginning August 1, 2020, until December 19, 2020, from 9:30 am to 12:30 pm.



Due to the COVID19 pandemic, this program will run virtually throughout its entirety. We will continue to register and accept new participants until the end of August 2020. There are still available slots for individuals who are trying to pursue their HSE, and Spanish is their first language. If you are interested in joining the group, please contact: Betsy Rodriguez at Betsy.Rodriguez@jrfnj.org.

BAYSIDE FAMILY SUCCESS CENTER



Vision Book Activity for July/2020 - What does friendship mean to you?? Created by a 6-year-old and her mom.

The month of July initiated the start of a new programming year for the Bayside FSC. We jumped right into a new year with many reoccurring initiatives like Zumba, Census Challenges, and our Parent Support group. We also are looking forward to some new initiatives like "Craft with Us" - a virtual activity in which the Bayside FSC staff and Americorps Members have already delivered the crafting tools to our local families. The "Craft with Us" is very dear to our hearts. It was created to help inspire hope and perseverance in our families. The idea of this activity is to help families, adults, and children of all ages come up with ideas and goals via a vision book we have supplied. Craft with Us launched on National Friendship Day 7/30/2020 and will be an ongoing series with a different theme every month.

SILVER LININGS

In July, the Silver Linings program also initiated the "Craft with Us" activities. Ten Seniors registered to participate and received vision books delivered to their homes. Currently, the Silver Linings staff is developing topics that will help them create individual/ family goals to accomplish so they can start to see the future with hope. The purpose of this activity is to bring about sense a resiliency in our seniors. The Vision Book activity is being held bi-weekly via phone conference line every other Thursday from 2-3 pm. Lastly, to provide intentional continuous support to our senior community and their family members the Silver Linings program has been reaching out to all registered seniors once a month. The Silver Linings team collaboratively created a wellness call form to intentionally ask questions to capture a participant's health, financial, and emotional status. Wellness calls also encourage seniors to have conversations and build relationships with our staff. One of our goals is to reduce the feeling of loneliness and social isolation many of our seniors have been experiencing during this pandemic.

EMPLOYEE OF THE MONTH



The employee of the month for The Emerging Leaders goes to Karyme Estevez. Karyme has demonstrated exemplary qualities of a true leader and someone eager and determined to make a change within the community. We would like to thank Karyme for all of her hard work!

SWING INTO ACTION!

12TH ANNUAL GOLF CLASSIC

Organized by Bill McGrath
Email: Billy.McGrath@jrfnj.org

Monday, August 24, 2020
8:30 am - 6:00 pm
Forsgate Country Club
375 Forsgate Dr. Monroe Township, NJ 08831

Join the JRF for our annual golf classic fundraiser! Please register at https://www.jrfnj.org/what_you_can_do/event/2020/08/24/12th-annual-golf-classic-/298588 before August 23 to swing into action!

Bayside Family Success Center Presents,

BACK to School Book Bag Give Away

Register Here

<https://forms.gle/7zykyWdajmnaBvHP7>

What You Need:
Join us on 8/19/2020 for an informational session to qualify for Book Bag and school supplies.

Aug 19, 2020
5-6pm Spanish
6-7pm English

Zoom link for info sesion
<https://zoom.us/join/zoom/register/UMsd-loqzksGHDxSXGKAV1rbWcw3HlQ0-6>

Email: Baysidefsc@jrfnj.org
www.facebook.com/Baysidefsc

ALTERNATIVE EDUCATION INSTITUTE

There is no better time than NOW, to earn your High School Diploma!

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RECRUITING FOR ALL THREE OF OUR PROGRAMS:

AEI General Program - Monday thru Thursday 9:30 AM - 12:30 PM
1:00 PM to 4:00 PM

AEI Adult Program - Friday 9:30 AM - 12:30 PM (Private Tutoring Available)

AEI Saturday Spanish Program - Saturday 9:30 AM - 12:30 PM
For Spanish Speaking Only

Call or email us today to learn more about how you can obtain your High School Diploma from the comfort of your home in the next four months

Call : 732-896-0552
Email: betsy.rodriguez@jrfnj.org

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