



SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

The Official Newsletter of The Jewish Renaissance Foundation

UPCOMING EVENTS:

If anyone is interest in Saturday morning virtual High School Equivalency ("HSE") program for Spanish speakers , they should contact the AEI Program Manager, Betsy Rodriguez at:

Betsy.Rodriguez@jrfnj.org or call **732-324-2114, ext. 100.** AEI Eligibility

Requirements:

- Must live in Middlesex County, NJ
- Must be at least 16 years old
- Must not be enrolled in any other program or institution
- Must be able to provide valid documentation including citizenship status

Please join us for our upcoming virtual programming. You can email us at **baysidefsc@jrfnj.org** to register or call **732-638-5063** :

- It's National Preparedness Month! Visit our Facebook page every Monday -facebook.com/baysidefsc
- Remote learning can be challenging...visit our Facebook page every Tuesday for our TIP TUESDAY post, providing ideas and support to help with remote learning.
- ZUMBA Series continues -9/22 & 9/24 @6pm
- Craft with Us- A conversation about what you miss about school 9/15/2020
- Financial Peace Info Session- 9/21 @6pm
- Hispanic Heritage Month! - Join us for a virtual activity 9/29/2020

If you are interested in joining Silver Linings and are over the age of 55, please contact Lissette Vargas-Guzman at 732-630-7488.

Upcoming scheduled programming:

- Vision Book Phone Conference Calls- Every other Thursday from 2-3pm

Please join us for our upcoming virtual programming. You can email us at **paac@jrfnj.org**

- We continue to accept applications for Senior Repair (repairs up to \$3000) for those who are 55 years old and over, live in the PAAC neighborhood (the borders are – From the train tracks up Inseele St. to Amboy Ave down to Washington St. to the train tracks and over to Inseele St.), own their home and fill out an application
- PAAC Team Meetings-on a biweekly basis 9/16, 9/30

If you are or anyone you know between the ages of 14-21 are

interested in becoming an Emerging Leader please apply at the following link or visit the JRF website to learn more!

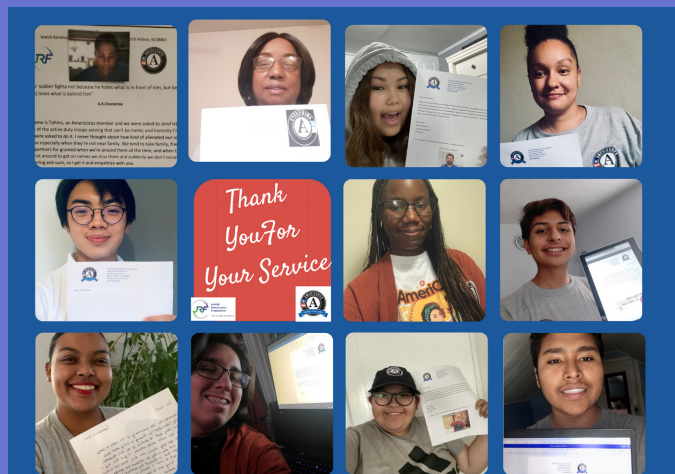
<https://docs.google.com/forms/d/e/1FAIpQLSc5kqn2TcmEE1YmwsV6idJ8qzb46daTJI-bGccGrsFvGQEHhg/viewform>
https://www.jrfnj.org/community_action/emerging-civic-leaders-for-a-healthier-community/



HEALTH CENTER

As we all know, Fall is just around the corner, and along with the cooler temperatures and crisp, colorful leaves, this year's highly anticipated flu season also awaits. However, due to the COVID-19 pandemic, some individuals are cautious of being vaccinated, with the fear of increased risk to their health. Rest assured, the CDC has confirmed that this is not an issue, stating "There is no evidence that getting a flu vaccine increases your risk of getting sick from a coronavirus, like the one that causes COVID-19." Contrary to what those might think, it is because of the pandemic that it is more important than ever to receive a vaccination. It is essential for us to protect ourselves and others from the flu, in order to lessen the strain our health care workers are already enduring due to the COVID-19 pandemic. Everyone deserves to feel safe during the upcoming flu season. We, at the JRF Community Health Center, are committed to providing each and every individual with affordable health services, such as the flu vaccination, in order to protect and serve those in our community. For more information and/or to schedule an appointment, please contact us (732) 482-9600. Check us out on the web: www.jrfnj.org/chr

AMERICORPS



Writing a letter of gratitude is a great way to show appreciation for someone that made a difference in your life. On September 11 the AmeriCorps members wrote a letter to people in our military Armed Forces to encourage them to keep going and let them know how grateful we are for them.

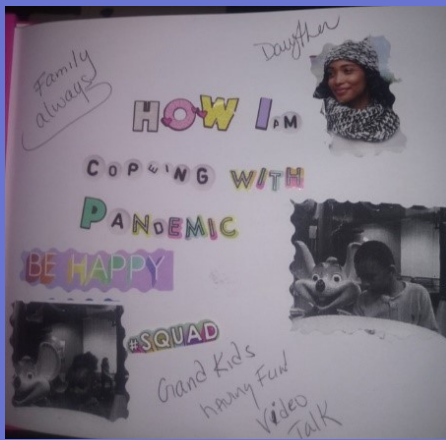
WE'RE ON THE WEB AT WWW.JRFNJ.ORG

THE BASE



The Base SBYP staff and students also collaborated with the City of Perth Amboy on August 17, 2020 by volunteering their time to write chalk messages outside of the Puerto Rican Association for Human Development (PRAHD) center to promote and encourage residents to complete the 2020 Census. To cap off the fun-filled afternoon staff and student had a relaxing afternoon with pizza in the park!

SILVER LININGS



The Silver Linings team continues connecting with our seniors throughout the month. My Choice Store provided food to seniors throughout Perth Amboy, Woodbridge, and Carteret. We have been hosting a vision book activity, and it has been well-received, sparking great conversations among our senior participants. Throughout the month, Silver Linings staff and volunteers reached out to our seniors via phone calls and asked intentional questions regarding their needs, mental health, and supports. The lack of technology among our seniors keeps them from connecting regularly with their family. Which leaves many of our seniors to feel lonely. We hope the information we capture will help us create future initiatives and programming.

BAYSIDE FAMILY SUCCESS CENTER

There are many activities throughout August worth mentioning, yet the most sought out activity was our Back to School Book Bag Giveaway. We began planning for this activity in late June when we received a much-appreciated donation from Horizon to sponsor the purchase of school supplies. Horizon's sponsorship allowed us to provide 90 children with book bags, serving over 50 families. Prevent Child Abuse CCYC program also supported this event by donating 30 book bags in kind.

To adhere to social distancing rules, we reached out to Target to help us find volunteers to support our team with home deliveries of school supplies. Target graciously provided volunteer team members, who made over 20 home deliveries. The remaining families picked up their supplies at our center by appointment.

PAAC

The PAAC Team welcomed a new Americorps Member, Samuel Cruz, and our new Program Coordinator, Jennifer Pena. Jennifer is very creative with a background in design and she lives in the PAAC Neighborhood. Our PAAC Community Garden remained a priority during August and we took advantage of the weather and made some improvements by painting the fence and creating a nice border. PAAC families attended their adopted garden beds creating a diverse fruit and veggie environment.

The PAAC program also provided another homeowner in our neighborhood assistance through our "Senior Repair" project. Our Senior Repair program targets senior homeowners in the PAAC neighborhood in need of assistance with repairs for their homes. PAAC plans to continue this program into September and October.



TIP OF THE MONTH

Make sure to have a family communication plan in place; all members of the family should review and practice the plan. Have all family members' and other important phone numbers written down or memorized. Have an emergency kit in your car and at least three days of food and water at home.

Jewish Renaissance Foundation AMERICORPS Program

Are you a worried about paying your own and/or your child's/grandchild's student loans? Do want to **Make a Difference** for your community? Are you motivated to **Get Things Done** in your community?

Apply Now!!!!

Become a JRF
AmeriCorps Member!

What is the JRF AmeriCorps Program?
⇒ It is a community-based, service learning program hosted by the Jewish Renaissance Foundation

Benefits of being a JRF AmeriCorps Member?

- Modest Living Allowance
- Healthcare Benefits
- Childcare Benefits
- Educational Stipend for Full time and Part time Members
- Loan Forbearance during time of service
- Leadership Experience & Community Service
- Exceptional Opportunities

⇒ Through this program, AmeriCorps Members are placed in host agencies throughout Middlesex and Essex County, improving the quality of health education and community assistance programs

⇒ Requires a commitment of 6 months to one year

What are some things of the things I would be doing as a JRF AmeriCorps Member?

- ⇒ Educate your community about health services and maintaining overall well-being.
- ⇒ Facilitating youth and family programs that build self-confidence and character
- ⇒ Increasing access to information and skills training to disadvantaged populations
- ⇒ Gaining skill training critical to your professional development

What do I need to know to join the JRF AmeriCorps Program?

- ⇒ Programs commence in December.
- ⇒ Members will complete 1700 hours of service in a period of 1 year
- ⇒ Must be a U.S. Citizen, national or legal permanent resident

For more information contact:
Tawana Bailey, Program Director
Tawana.Bailey@jrfnj.org
(732) 324-2114 Ext. 20

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Info Sessions In Progress.

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There is no better time than NOW, to earn your High School Diploma!



RECRUITING FOR ALL THREE OF OUR PROGRAMS:

- AEI General Program** - Monday thru Thursday 9:30 AM - 12:30 PM
1:00 PM to 4:00 PM
- AEI Adult Program** - Friday 9:30 AM - 12:30 PM (Private Tutoring Available)
- AEI Saturday, Spanish Program** - Saturday 9:30 AM - 12:30 PM
For Spanish Speaking Only

Call or email us today to learn more about how you can obtain your High School Diploma from the comfort of your home in the next four months.



Call : 732-896-0552
Email: betsy.rodriguez@jrfnj.org



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